



WICStrong.com



# JSYNINE

## WIC BREASTFEEDING PEER SUPPORT

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I am a proud mother of 2 strong healthy boys!  
I breastfed my oldest for 10 months and my youngest son is still  
breastfeeding and showing no signs of stopping!

*I believe breastfeeding was the building block for the  
loving relationship I have with my boys.*

In my free time I enjoy family activities like singing with my sisters,  
traveling with my loved ones, crocheting, and cooking.



"I believe my upbeat, cheery, and  
open-minded personality allowed  
me to persevere challenges that we  
all may face while breastfeeding.  
Breastfeeding has been a fulfilling  
and gratifying experience."



Call or text anytime:  
(315) 209 - 9197

Find us:



Cayuga County WIC  
Clinics in  
Auburn, Moravia, and Cato



@CayugaCoWIC

Cayuga County



Health Department

This institution is an equal opportunity provider.