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| **Tompkins County Health Department**  **WIC (main number) 274-6630**  Children with Special Care Needs 274-6644  Community Health Nurses 274-6604  Environmental Health 274-6688 Healthy Neighborhoods Program 274-6688  Immunizations 274-6616  Vital Records 274-6642 |  | **Department of Social Services**  Cash & Emergency Assistance 274-5345  Child Protective Services 274-5610  Child Support Unit 1-888-208-4485 & 274-5220  Domestic Violence 274-5293  HEAP 274-5264  Housing Assistance 274-5644  SNAP 274-5201  TANF 274-5348 |
| **Catholic Charities**  272-5062  Samaritan Center Ext. 27  Family Empowerment Services Ext. 28  Immigrant Services Program Case Manager Ext. 23  Program Assistant Ext. 15  NOEP (SNAP-Food Stamps) Coordinator Ext. 21 |  | **Pregnancy Resources**  MOMS 274-6622  Ithaca Pregnancy Center 273-4673  Planned Parenthood 273-1513  Teen Pregnancy and Parenting Program (TP3) 273-0259  Birthright of Ithaca [272-9070](https://birthright.org/ithaca/607-272-9070) |
| **Emergency Food Resources**  Loaves and Fishes 272-5457  \*\*Ask WIC Staff for full food pantry list |  | **Transportation**  Catholic Charities 272-5062  FISH (free transportation to Dr’s Appts) 1-877-211-8667  Way2Go 272-2292 |
| **Healthcare**  Ithaca Free Clinic 330-1254  **Family Practices in Tompkins County**  Family Medicine Associates 277-4341  Guthrie Medical Group 257-5858  Cayuga Family Medicine 697-0360  Trumansburg Family Health 387-5707  Family Practice of Dryden 844-8201  Dryden Family Medicine 844- 8181  Groton Family Practice 898-5827 |  | **Health Insurance**  Human Services Coalition of TC 273-8686  Fidelis facilitated enroller’s 273-2102  222-5739  Medicaid 274-5356  Molina 1-315-391-5371  Child Health Plus 1-800-698-4543  New York State of Health 1-855-355-5777 |
| **Tompkins County Prenatal and OB/GYN Offices**  Cayuga Women’s Health 273-0250  OBGYN & Midwifery Associates 266-7800  Renaissance OBGYN 319-4679 | **Tompkins County Pediatric Offices**  Buttermilk Falls Pediatrics 272-6880  Northeast Pediatrics 257-2188 |
| **Legal Assistance**  Community Dispute Resolution Center 273-9347  Legal Assistance of Western NY 273-3667 |  | **Clothing and Household Resources**  Catholic Charities 272-5062  TP3\* (if mom is ≤ 21) 273-1055 |
| **Housing & Bills**  Ithaca Housing Authority (Section 8) 273-8629  Tompkins Community Action 273-8816  Ithaca Rescue Mission 273-6684 |  | **Smoking Cessation**  NYS Smoker’s Quit line 1-866-697-8487  Nurse Direct Cessation Counseling 1-800-295-8088  Quit Kit Smoking Cessation Program 1-800-231-0744 |
| **Parenting**  Day Care Payment Assistance 274-5612  Cornell Cooperative Extension 272-2292  Child Development Council 273-0259  \*\*Ask WIC Staff for a full list of Breastfeeding Resources |  | **Substance Abuse Support**  Alcohol and Drug Council of Tompkins County 274-6288  Cayuga Addiction and Recovery Services 273-5500  Alcoholics Anonymous Hotline 273-1541  Narcotics Anonymous Hotline 1-888-253-1934  HOPE Line 1- 877-846-7369 |
| **Education & Employment**  Tompkins Community Action 273-8816  BOCES Educational Programs 257-1551  Women’s Opportunity Center 272-1520  Tompkins Workforce NY 272-7570  Catholic Charities 272-5062 |  | **Counseling and Mental Health**  Tompkins County Mental Health Services 274-6200  Family and Children’s Services 273-7494  Suicide Prevention and Crisis Counseling 272-1616  The Advocacy Center 277-5000  Child Abuse Hotline 1-800-342-3720 |
| **Safety**  Car Seat Check 257-1345  Poison Control Center 1-800-222-1222  Healthy Neighborhoods Program 274-6688 |  | **Dental Providers - Accepting Medicaid**  Cayuga Family Dental 257-6600  Cortland Dental \*\*accepts children 753-9361  Dinosaur Dental -Pediatric dentist 953-4445  Elite Dental 758-7700  Family Health Network of CNY 344-0052  Wilson Dental- \*\*accepts children 844-3455  \*\*Ask WIC Staff for full list of dental providers |
| **Head Start** 273-8816 ext. 153  Longview 375-6324  Hancock Early Head Start 592-0070  Harriet Center Head Start and Early Head Start  339-0325  Groton Head Start and Early Head Start 898-3703  Dryden Head Start and Early Head Start 844-3276  Rachel Shorts (facilitated enroller)  273-8816 ext.122  Cell phone: 227-3284  **Ithaca City School Head Start** 273-8816 ext. 153 Beverly J. Martin School  Fall Creek  Northeast Elementary  Enfield  Caroline  **Child Development Council** 273-0259 |  | **Did you know?**   * Reporting false income, household size or pregnancy to become eligible to participate in WIC is fraud. * Selling WIC foods, baby formula, or breast pumps or allowing someone else to do so is fraud.   If you suspect someone is committing WIC fraud please contact the Bureau of Special Investigations  call **1-877-282-6657** or email **foodfraud@health.state.ny.us** |

F Drive > WIC > CLERICAL FORMS > New Participant Folder September 2020