|  |  |  |
| --- | --- | --- |
| **Tompkins County Health Department****WIC (main number) 274-6630** Children with Special Care Needs 274-6644 Community Health Nurses 274-6604 Environmental Health 274-6688 Healthy Neighborhoods Program 274-6688 Immunizations 274-6616 Vital Records 274-6642  |  | **Department of Social Services**Cash & Emergency Assistance 274-5345Child Protective Services 274-5610Child Support Unit 1-888-208-4485 & 274-5220Domestic Violence 274-5293HEAP 274-5264Housing Assistance 274-5644SNAP 274-5201TANF 274-5348 |
| **Catholic Charities**  272-5062Samaritan Center Ext. 27Family Empowerment Services Ext. 28Immigrant Services Program Case Manager Ext. 23Program Assistant Ext. 15NOEP (SNAP-Food Stamps) Coordinator Ext. 21  |  | **Pregnancy Resources**MOMS 274-6622Ithaca Pregnancy Center 273-4673Planned Parenthood 273-1513Teen Pregnancy and Parenting Program (TP3) 273-0259Birthright of Ithaca [272-9070](https://birthright.org/ithaca/607-272-9070) |
| **Emergency Food Resources**Loaves and Fishes 272-5457\*\*Ask WIC Staff for full food pantry list |  | **Transportation** Catholic Charities 272-5062FISH (free transportation to Dr’s Appts) 1-877-211-8667Way2Go 272-2292 |
| **Healthcare**Ithaca Free Clinic 330-1254 **Family Practices in Tompkins County**Family Medicine Associates 277-4341 Guthrie Medical Group 257-5858Cayuga Family Medicine 697-0360Trumansburg Family Health 387-5707Family Practice of Dryden 844-8201Dryden Family Medicine 844- 8181Groton Family Practice 898-5827 |  | **Health Insurance**Human Services Coalition of TC 273-8686 Fidelis facilitated enroller’s 273-2102 222-5739Medicaid 274-5356Molina 1-315-391-5371Child Health Plus 1-800-698-4543New York State of Health 1-855-355-5777 |
| **Tompkins County Prenatal and OB/GYN Offices**Cayuga Women’s Health 273-0250OBGYN & Midwifery Associates 266-7800Renaissance OBGYN 319-4679  | **Tompkins County Pediatric Offices**Buttermilk Falls Pediatrics 272-6880Northeast Pediatrics 257-2188 |
| **Legal Assistance**Community Dispute Resolution Center 273-9347Legal Assistance of Western NY 273-3667 |  | **Clothing and Household Resources**Catholic Charities 272-5062 TP3\* (if mom is ≤ 21) 273-1055 |
| **Housing & Bills**Ithaca Housing Authority (Section 8) 273-8629Tompkins Community Action 273-8816Ithaca Rescue Mission 273-6684 |  | **Smoking Cessation**NYS Smoker’s Quit line 1-866-697-8487Nurse Direct Cessation Counseling 1-800-295-8088Quit Kit Smoking Cessation Program 1-800-231-0744 |
| **Parenting** Day Care Payment Assistance 274-5612 Cornell Cooperative Extension 272-2292Child Development Council 273-0259\*\*Ask WIC Staff for a full list of Breastfeeding Resources |  | **Substance Abuse Support**Alcohol and Drug Council of Tompkins County 274-6288Cayuga Addiction and Recovery Services 273-5500Alcoholics Anonymous Hotline 273-1541Narcotics Anonymous Hotline 1-888-253-1934HOPE Line 1- 877-846-7369 |
| **Education & Employment**Tompkins Community Action 273-8816 BOCES Educational Programs 257-1551 Women’s Opportunity Center 272-1520 Tompkins Workforce NY 272-7570Catholic Charities 272-5062  |  | **Counseling and Mental Health**Tompkins County Mental Health Services 274-6200 Family and Children’s Services 273-7494 Suicide Prevention and Crisis Counseling 272-1616The Advocacy Center 277-5000 Child Abuse Hotline 1-800-342-3720 |
| **Safety**Car Seat Check 257-1345Poison Control Center 1-800-222-1222Healthy Neighborhoods Program 274-6688 |  |  **Dental Providers - Accepting Medicaid**Cayuga Family Dental 257-6600 Cortland Dental \*\*accepts children 753-9361 Dinosaur Dental -Pediatric dentist 953-4445 Elite Dental 758-7700Family Health Network of CNY 344-0052Wilson Dental- \*\*accepts children 844-3455 \*\*Ask WIC Staff for full list of dental providers |
| **Head Start** 273-8816 ext. 153Longview 375-6324 Hancock Early Head Start 592-0070Harriet Center Head Start and Early Head Start  339-0325Groton Head Start and Early Head Start 898-3703Dryden Head Start and Early Head Start 844-3276Rachel Shorts (facilitated enroller)  273-8816 ext.122 Cell phone: 227-3284**Ithaca City School Head Start** 273-8816 ext. 153 Beverly J. Martin School Fall Creek Northeast Elementary Enfield Caroline **Child Development Council** 273-0259 |  | **Did you know?*** Reporting false income, household size or pregnancy to become eligible to participate in WIC is fraud.
* Selling WIC foods, baby formula, or breast pumps or allowing someone else to do so is fraud.

If you suspect someone is committing WIC fraud please contact the Bureau of Special Investigations call **1-877-282-6657** or email **foodfraud@health.state.ny.us** |

F Drive > WIC > CLERICAL FORMS > New Participant Folder September 2020