

# FEEDING CUES

## 1. EARLY CUES: "I'm hungry"



Stirring



Mouth opening



Turning head  
Seeking/rooting

## 2. MID CUES: "I'm really hungry"



Stretching



Increasing movement



Hand to mouth

## 3. LATE CUES: "Calm me, then feed me"



Crying



Lots of movement



Color turning red

**CALM CRYING BABY  
BEFORE FEEDING**

Cuddling, Skin-to-skin on chest  
Talking, Stroking



**LOOK FOR EARLY  
FEEDING CUES**