



Finger Lakes
Breastfeeding Partnership

Breastfeeding Resources



I N T H E F I N G E R L A K E S R E G I O N

B A B Y C A F É S

A Baby Café is a free resource for pregnant and breastfeeding mothers to get support from specifically-trained staff and to share experiences with other moms.

Locations:

- ◆ **Child & Family Resource Center**
514 South main Street, Canandaigua NY
(585) 919-2476
1st & 3rd Wednesday 10:00-11:30
- ◆ **Child & Family Resource Center**
263 Lake Street, Penn Yan NY
(315) 536-1134
1st & 3rd Thursday 9:30-11:00
- ◆ **Park Presbyterian Church**
110 Maple Court, Newark, NY
(315) 946-5749
2nd & 4th Thursday 10:00-12:00
- ◆ **The Dormann Library**
101 West Morris Street, Bath, NY
(607) 664-2438
Friday 11:00am to 1:00pm
- ◆ **Montour Falls Library**
406 West Main Street, Montour Falls, NY
(607) 535-7489
Thursday 9:00am-10:00am
- ◆ **Genesee Community College**
31 Clara Barton Street, Dansville, NY
(585) 243-7299
Thursday from 1:00pm to 3:00pm

COMMUNITY BREASTFEEDING SUPPORT

◆ WIC

Chemung & Schuyler Counties:
(607) 737-2039

Livingston Counties:
(585) 243-7530

Ontario, Newark, Seneca & Yates:
(585) 394-9240

Steuben Counties:
(607) 776-2125 ext. 220

◆ La Leche League:

*Mother to Mother Breastfeeding
Support Groups:*

Finger Lakes Area: Maureen Weidman
(315) 548-7980

Canal Town: Scarlett Miles
(315)-235-1545

Find a group in your area:
<http://www.lllny.org/>

◆ Child and Family Resources:

Ontario County:
(585) 919-2476 ext.2506

Yates County:
(315) 536-1134

HOME VISITS:

Community health workers, nurses and/or Clinical Lactation Counselors are available to make free health educational home visits.

Call your local Public Health
Department:

◆ **Chemung County:**
(607) 737-2899

◆ **Livingston County:**
(585)243-7299

◆ **Ontario County:**
(585) 396-4343

◆ **Seneca County:**
(315) 539-1920

◆ **Schuyler County:**
(607) 535-8140

◆ **Steuben County:**
(607) 664-2438

◆ **Yates County:**
(315) 536-5160

◆ **Wayne County:**
(315) 946-5749

Breastfeeding Resources

IN THE FINGER LAKES REGION

Check With Your Local Hospital or Birth Center

◆ Birthing Units

Arnot Ogden Medical Center:

(607) 735-5717

Cayuga Medical Center:

(607) 274-4408

The Birthing Center at Thompson Hospital:

(585) 396-6260 or (585) 396-6295

Rochester General Hospital Women's Care Unit:

(585) 922-4062

Strong Beginnings Birthing Center at

URMC Strong Memorial Hospital:

(585) 275-9575

Highland Hospital's Family Maternity Center:

(585) 341-6808

Newark—Wayne Community Hospital:

(315) 332-2230

Noyes Memorial Hospital:

(585) 335-4246



Internet Breastfeeding Resources:

New York State Department of Health

<http://www.health.ny.gov/community/pregnancy/breastfeeding/>

Office of Women's Health, U.S. Department of Health and Human Services

<http://www.womenshealth.gov/breastfeeding/>

Breastfeedingpartners.org

www.breastfeedingpartners.org

La Leche League International

www.llli.org

United States Department of Agriculture, WIC

<https://wicworks.fns.usda.gov/breastfeeding>

Breast Pump Providers

Health System Services

585-905-0583 (Canandaigua)

Nu-Life Medical Equipment

585-672-5105 (Fairport)

Quinlan Medical Supply

585-394-2302 (Canandaigua)

The Medicine Shoppe Pharmacy

585-396-9970 (Canandaigua)

Westside Medical Supply

585-227-8750 (Rochester)